



November 7, 2019

DIVISION MEMORANDUM

No. 25, s. 2019

Guidelines and Game Requirements of Larong Pinoy during the NORAA Meet 2019

TO: Assistant Schools Division Superintendents
CID & SGOD Chiefs
Education Program Supervisors / Education Program Specialists
District Supervisors / Districts In-Charge
Teaching / Non-Teaching Personnel

1. Enclosed herewith are the guidelines of the **Larong Pinoy** during the **NORAA Meet 2019**.

A) TUG OF WAR

1. Teams must be composed of 12 male players.
2. Team with two wins out of three games (2 out of 3) will be declared the winner.

B) KARANG

1. This is an all-male team with six (6) members each.
2. This is a relay game. First team to finish the relay wins.
3. Players must provide their own karang made of coconut husk with shell and rope.

C) TAKYAN

1. Each team is composed of three (3) female players.
2. The average score of the three (3) players will be the final score of the team.
3. Each team player is given two (2) attempts. The attempt with the higher score will prevail.
4. The foot should touch the ground before taking another kick.
5. Players are given free style in kicking.
6. Players must provide their own takyan made of feather.


D) SKIPPING ROPE

1. Each team will be composed of (3) three (female) players.
2. The team score is the average score of all three (3) players.
3. Players are given free style in jumping.
4. Players must provide their own rope (5 meters).

2. The requirements of the players are the following:

- a) All players must be DepEd employees with Appointment or Assignment Advice.
- b) Players must be physically fit as stated in the medical certificate.
- c) Players must wear their delegation uniform during the competition.

3. Immediate and Wide Dissemination of this memorandum is hereby desired.


SENEN P. PAULIN, CESO V
Schools Division Superintendent

11/7/19

